

Immaculate Conception  
Church (AMDG)  
Chikuni Parish  
PO Box 660239, Monze, Zambia

**Chikuni Parish Roman  
Catholic Church**



**Chikuni Community  
Radio Station**



**Fondazione Arché  
ONLUS**



**2013 report**

## Introduction

The parish of Chikuni covers an area of approximately 10 thousand square kilometers within the Diocese of Monze in the Southern District of Zambia. Being a rural context, the level of education and health services are very low.

A high number of HIV infections are recorded during school years (up to 18 years of age) or in the years immediately following. This age group is at high risk of infection with a high potential to be a vehicle of contagion within society. Hence the importance of studying and implementing prevention strategies around young **pre-adolescents and adolescents**: wait for old age would make a belated prevention.

“Action with Youth” is a risky behavior prevention program targeting adolescents and pre-adolescents. Activities, topics and modalities of the program have been studied according to the environment, the culture and the tradition of the people living in Chikuni.

Chikuni is a rural community, its people feel strongly Tonga: the tribal pride, in its positive and negative aspects, holds closely the community to the tradition. If traditional and cultural aspects haven't been well considered, a violation on issues considered taboo, an incorrect and incomplete reading of the local society, a misunderstanding of individual and collective behaviors would be faced. It can lead to a breakdown of communication with the community and a loss of prevention effectiveness. Hence the importance of plan educational guidelines (with content and tools) such as not to weak the delicate balance of intercultural relationship. A development project is foremost a relationship with the

community, a rope easy to break if you do not have a full understanding.

“Action with Youth” means work with and for young people, paying attention to girls, creating educational programs tailored to youth in order to the prevention message go further and move consciences. It means human promotion first.



# Ten steps to **THINK CRITICALLY**

1

•The bridge model is a visual way of presenting the concept of behavior change that is common used. By the end of the session, participants will be able to list risks facing young people and identify life skills that might help young people.

2

•This session shall help to understand the nature of adolescence and the challenges faced by adolescents. This session is also to discuss with the pupils norms and values about gender and sexuality and find a way forward to build a positive relationship among genders.

3

•To analyze reasons and consequences of risky behaviors and to find alternatives. During this session participants take a look at their most common way of behaving in a situation and whether that behavior might lead a risk. By the end of the session pupils will know how to act responsibly.

4

•To discuss with the pupils norms and values about relationship, find a way forward to build a positive relationship. Question like, "What is love?" Can help a young person to visualize what they want, so they can avoid unhealthy relationships.

5

•An important category of life skills is represented by communication skills, they help in be clear and firm on our communications, they give ability to refuse or negotiate.

6

•The exercise invites participants to create one possible framework to explore when making decisions. By the end of the session, participants will be able to list some steps in making a decision and to describe some of the important factors to consider in decision-making.

7

•Video "It's up to you! - Joseph's Journey", and discussion about all the topics touched, to develop critical thinking, understand the implications of the use of alcohol, enhance the value of one's life potential.

8

•Video "It's up to you! - Esther's Education", and discussion about all the topics touched, to improve decision making, identity building, verbal and non-verbal communication.

9

•Video "It's up to you! - Ray's Road", and discussion about the topics touched, to create awareness about the influence of peer pressure, analyze the different value given by boys and girls to a love relationship.

10

•As last session of the program, a competition and a test will be given to the participants in order to have a feedback and an evaluation of the whole program.

## Risky behavior prevention program for adolescents and preadolescents

The program is a comprehensive behavior change approach that concentrates on the development of the skills needed for life such as communication, decision-making, managing emotions, self-esteem building and relationship skills. Additionally, it addresses the important issues of empowering girls and guiding boys towards new values.

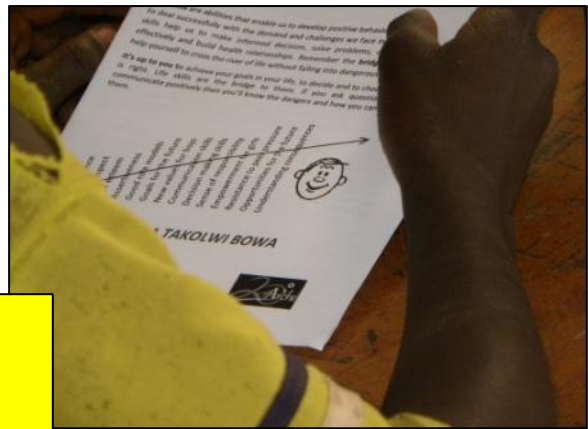
The program moves beyond providing information. It addresses the development of the whole individual, so that a person will have the skills to think critically and to be responsible.

### Objectives:

- ✓ To promote ethical values, knowledge and life skills in the adolescents;
- ✓ To improve the community sense of responsibility and participation in its development process;
- ✓ To improve communication skills and relationship skills between men and women, reducing gender inequalities.

**513**  
GIRLS AND  
**505**  
BOYS

**10180**  
TOTAL  
PARTICIPANTS



## Entertainment days

Activities such as games, drama, dancing and singing helped the facilitators in achieving the objectives of the program.

*6 days*  
*368 total*  
*participants*



## Youth clubs

The same program conducted in schools, it was also implemented with the Youth Clubs in the parish. After a first meeting when the program is introduced to them, sessions are implemented as long as there is a request by the Club.

*19 sessions*  
*228 total*  
*participants*

## Orphans camp

On August 2013, Arché project staff organized and coordinated the Orphan Camp, a five day workshop for a group of orphans living in the parish. Not only life skills, but human trafficking and self awareness sessions too were shared with the participants.

*9 sessions with*  
*34*  
*participants*



## Human trafficking prevention program

Zambia is a source, transit and destination country for Human Trafficking. Deceived by offers of jobs, study opportunities and holidays, Zambians have been trafficked to destinations such as South Africa, Europe, North America and Australia. Young people are also trafficked inside Zambia for labor and sexual exploitation.

Since 10<sup>th</sup> June 2013, after a specific training of trainers organized by ZAS (Zambia Association of Sisterhood) attended by a facilitator and a co-facilitator, the topic Human Trafficking came into the program, both in specific sessions and in advices and information during sessions in schools.

More details in the Anti-Human Trafficking Program report.

The objectives are:

- ✓ to understand the level of knowledge of the participants;
- ✓ to define Human Trafficking;
- ✓ to clarify the meaning and the differences of coercion, exploitation and sexual exploitation, slavery, trafficking and smuggling;
- ✓ to aware the participants about the different ways they might be trafficked;
- ✓ to aware the participants about the service providers against Human Trafficking.



*Specific sessions  
with adults in  
the communities*

*6 meetings*

*448 adults*

*Awareness of  
Human  
Trafficking*

*672 teens  
met at schools*

*Specific sessions  
with youth and  
teens*

*14 sessions*

*472 youth*

## Trainings

On June 2013 Zambia Association of Sisterhood (ZAS) organized a **Anti-Human Trafficking workshop/Training for Trainers**. The facilitator Mr Keith Hang'andu and the co-facilitator Ms Sharon Mwiimbu were selected to participate to the workshop.

The Anti-Human Trafficking workshop took place in Lusaka, at Marian Shrine, on 2<sup>nd</sup> June to 6<sup>th</sup> June.

After Mr Keith Hang'andu and Ms Sharon Mwiimbu reported to Arché project manager in Chikuni, on 29<sup>th</sup> June 2013 a one day workshop was organized in Chikuni. Aims of workshop were:

- To share the knowledge learnt about Human Trafficking to the other members of the Staff;
- To design the best action plan that can be implemented in Chikuni Parish area according to the environment, to the resources available and the program already running, to the objectives decided.

At this second workshop all the staff member participated. In particular: Mr Gambirasio



Gianpietro, age 35, project manager; Ms Nchimunya Hacidangu, age 23, community facilitator; Ms Mwinga Sepiso, age 23, co-facilitator; Mr Gasper Milimo, age 25, co-facilitator; Mr Crispin Hanyika, age 21, co-facilitator.

On August 06<sup>th</sup> and 07<sup>th</sup> a **Communication and counselling training** was organized for the staff and the co-facilitators. Aims of the training were to motivate the participants and to improve their facilitation skills. The training was conducted by Ms Manuela Furione, an Italian professional counsellor.

The training touched the following topics:

- communication as a process
- facilitation skills and active listening
- how to manage a group
- counselling: meaning, aim and benefit
- emotional awareness



## Records

Risky behavior Prevention program implemented in the schools

Term	School	Grade	Girls	Boys	Total
I	Charles Lwanga Basic School	6A	12	21	33
I	Charles Lwanga Basic School	6B	18	20	38
I	Singonya Basic School	6	35	32	67
I	Mulongalwili Basic School	6	19	10	29
I	Chikuni Basic School	6A	17	20	37
I	Chikuni Basic School	6B	21	16	37
I	Choompa Basic School	6	28	30	58
I	Choompa Basic School	7	21	23	44
I	Kanchomba IRI	6	7	6	13
II	Chiyobola Basic School	6A 6B	30	37	67
II	Hanamaila Basic School	6	21	20	41
II	Hanamaila Basic School	7	15	17	32
II	Chipembebe Basic School	6	25	26	51
II	Namakube Basic School	6A 6B	55	60	115
II	St Vincent Community School	5 6	26	28	54
II	St Vincent Community School	7	17	15	32
III	Charles Lwanga Basic School	8A	13	18	31
III	Charles Lwanga Basic School	8B	10	15	25
III	Sintemba Basic School	8	20	17	37
III	Sintemba Basic School	6	25	23	48
III	Nalucha Basic School	6	12	8	20
III	Nalucha Basic School	8	10	5	15
III	Gwembe Basic School	6A 6B	28	16	44
III	Gwembe Basic School	8	28	22	50
<b>Totals</b>		<b>28</b>	<b>513</b>	<b>505</b>	<b>1018</b>

Youth clubs

Youth Club name	Meetings	Girls	Boys	Total
Kanchomba Youth Club	2	19	15	34
Choompa Youth Club	5	16	16	32
Chiyobola Youth Club	2	8	9	17
Mulongalwili Youth Club	3	20	17	37
Chipembebe Youth Club	5	18	17	35
Choonna	1	25	23	48
Mubombo	1	11	14	25
<b>Totals</b>	<b>19</b>	<b>117</b>	<b>111</b>	<b>228</b>



## Entertainment days

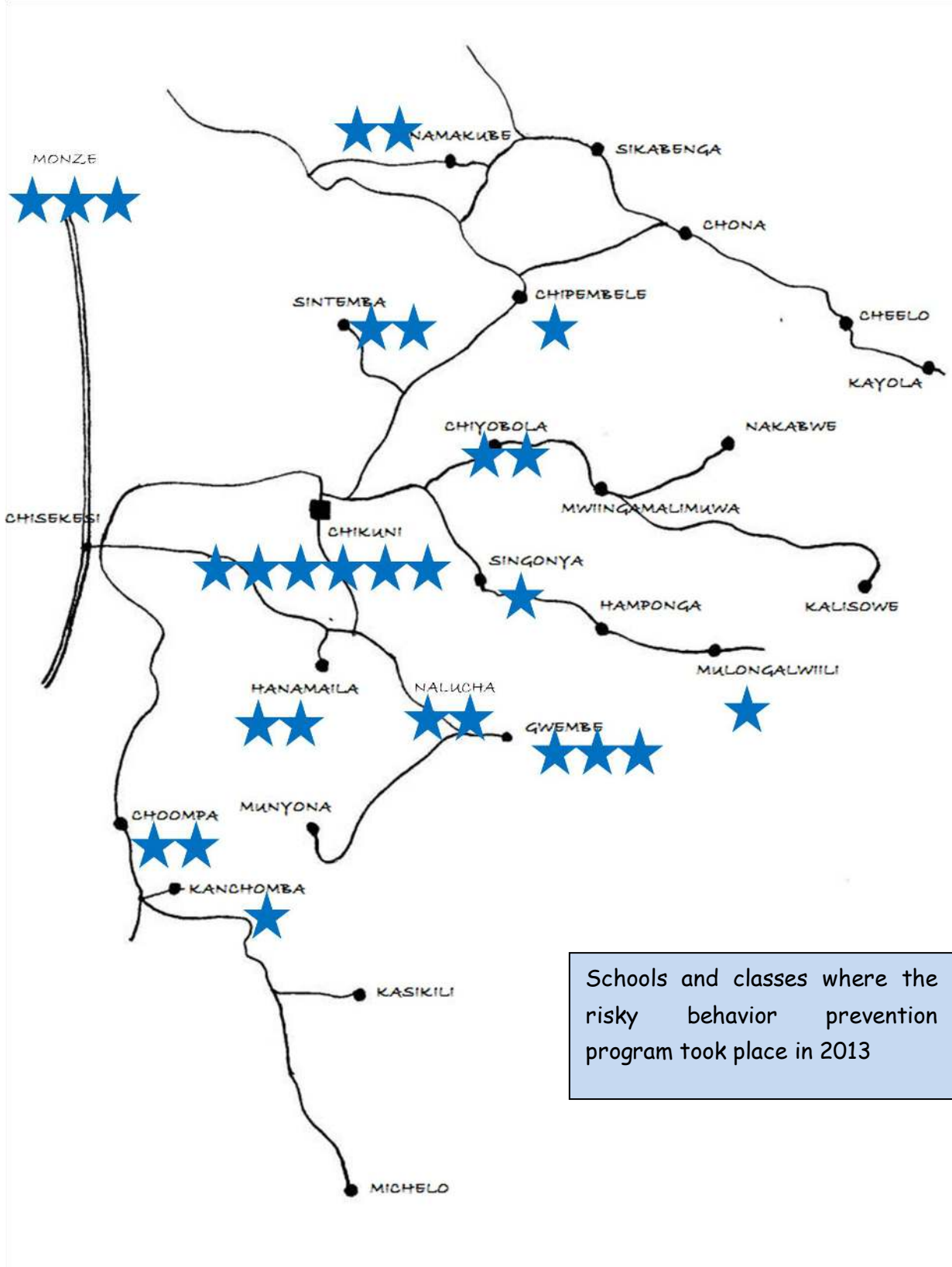
School	Grade	Girls	Boys	Total
Charles Lwanga Basic School	6A 6B	27	25	52
Singonya Basic School	6	20	26	46
Mulongalwili Basic School	6 7	40	29	69
Chikuni Basic School	6A 6B	41	22	63
Singonia Basic School	8 9	20	13	33
Choompa BS and Kanchomba IRI	6 7	50	55	105
<b>Totals</b>	<b>11</b>	<b>198</b>	<b>170</b>	<b>368</b>

## Human Trafficking Prevention Program

School	Grade	Total
Choompa Basic School	9	34
Munyona Basic School	6 7	76
Munyona Basic School	8 9	92
Chikuni Girls Secondary School	8 9	65
Hanamaila Basic School	8 9	42
Kanchomba Basic School	8A 8B 8C	87
<b>Totals</b>	<b>12</b>	<b>396</b>

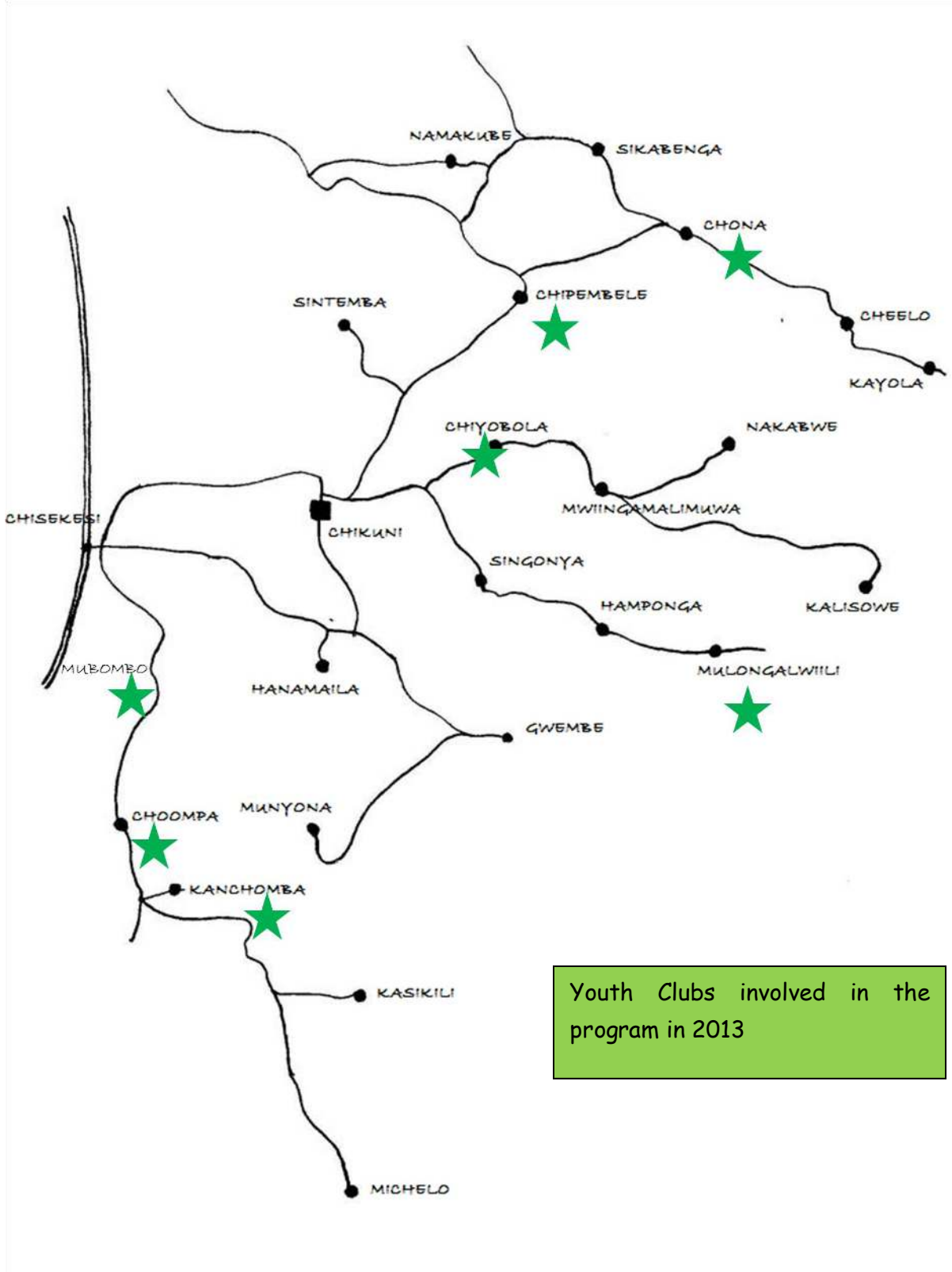
Parish out-station	Total
Choompa	130
Chipembele	42
Kanchomba	54
Choompa (second time)	95
Kasikili	52
Hanamaila	75
<b>Totals</b>	<b>448</b>

# Chikuni Parish Map

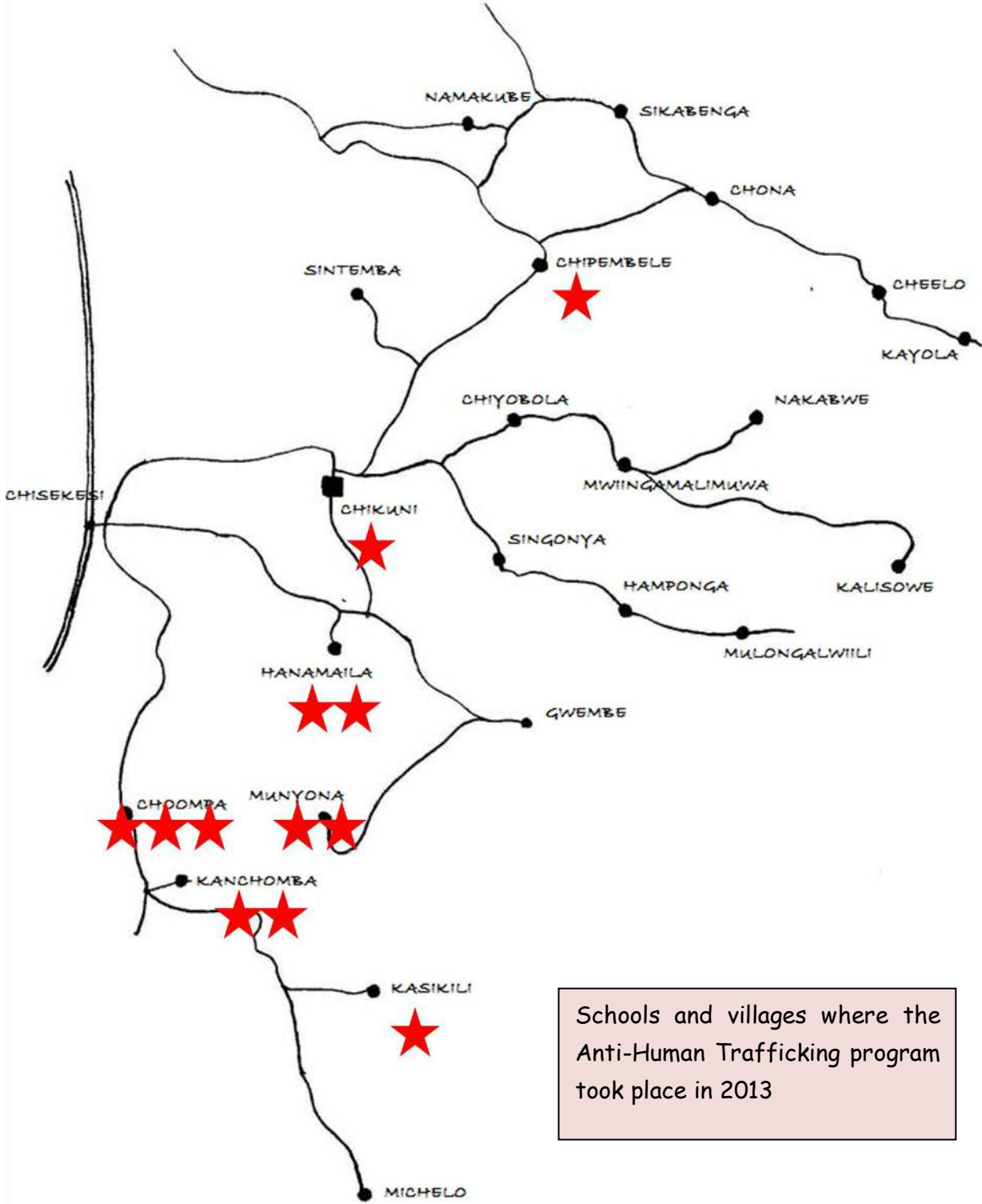


Schools and classes where the risky behavior prevention program took place in 2013

# Chikuni Parish Map



# Chikuni Parish Map



Schools and villages where the Anti-Human Trafficking program took place in 2013



Zambia

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